

## **Chattahoochee Technical College Drug and Alcohol Awareness and Prevention Plan**

### Introduction

College can be a vital transition to a student's life enriching experiences. However, college can also foster experimentation with drugs and alcohol. Although most students avoid unsafe use of Drug and Alcohols, others may suffer the consequences of misuse. Tragedies may range from alcohol related accidents to accidental overdose of drugs or alcohol poisoning. In addition, high-risk behaviors may endanger peers on the college campus. Although the majority of college students are under the legal drinking age of 21, alcohol remains a drug of choice that contributes to a wide range of problems. In addition, many students also engage in the use of other illegal and/or harmful drugs. By becoming informed about the potential dangers of drugs and alcohol use, college students may be encouraged to avoid Drug and Alcohol related problems.

### Purpose of the Plan

In order to comply with the 1989 Amendments to the Drug-Free Schools and Communities Act, Chattahoochee Technical College will create a drug and alcohol awareness program to be reviewed annually by a Drug and Alcohol Task Force Committee.

This plan will outline programs and activities associated with Drug and Alcohol Awareness endeavors throughout the year, with specific communication to students, faculty and staff during spring and fall semester, which review the dangers of drugs and alcohol, policy, procedure, student conduct and state and local actions. The plan will review the enforcement and disciplinary sanction imposed on violators of the college's AOD policies. An annual review will determine whether these enforcement efforts and sanctions were applied in a consistent manner.

### Committee Members

Vice President of Student Affairs

Chief of Police

Director of Counseling

Vice President of Human Resources

Executive Director of Student Involvement and Retention

Other:

### Goals for CTC Drug and Alcohol Plan

1. To support a culture and atmosphere free from alcohol and other drug use and abuse on the campus community
2. To develop and disseminate information for the members of the campus community regarding alcohol and other drug issues for the purpose of awareness, education, and prevention

3. To make the campus community aware of the availability of alcohol and other drug intervention services such as counseling, referral to in-patient and out-patient treatment, and provide ongoing support for students, faculty, and staff

Achievement of these goals are measured by student awareness rates, sponsored drug and alcohol awareness events, activities and campaigns, as well as knowledge of drug and alcohol dangers. Students will be provided surveys during specific times during the semester most notably at Campus Involvement events. Additionally, surveys indicate that students are knowledgeable of counseling and support services, which are perceived as valuable assets.

## Drug Free Schools and Communities Act

Spring (mid-April) and Fall (mid-October) notification to students via email communication

Chattahoochee Technical College is a drug-free campus. The faculty and staff at Chattahoochee Technical College are concerned about the growing pattern of drug and alcohol abuse in our society today. Chattahoochee Technical College is doing its part to curb this usage and to educate our staff and students about the associated dangers. Chattahoochee Technical College will comply with all pertinent local, state, and federal laws and regulations and is eager to join other educational facilities in this national effort to combat drug and alcohol abuse. National and state certifications of intent to comply with these laws in order to continue to receive funds for financial assistance have been submitted.

The Federal Drug Free Schools and Communities Act of 1990 contains Section 20, Drug Free Schools and Campuses, which was enacted to ensure that any institution of higher education that received funds under any federal program has adopted and implemented a program to prevent the use of illicit drugs and abuse of alcohol by students.

Under the terms of this act, colleges must annually distribute in writing to each student the following:

- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on the school's property or as part of any of the school's activities
- Descriptions of applicable legal sanctions under state, local, and federal law
- Description of health risks
- Description of available counseling, treatment, rehabilitation, or re-entry programs
- Clear statement that the school will impose sanctions for violation of standards of conduct and a description of sanctions

### **Standard of Conduct**

Students of Chattahoochee Technical College are guaranteed all of the rights, privileges and freedoms granted to a citizen of the United States. In addition, they are entitled to an environment

that is conducive to learning and individual growth. To this end, students enrolled at Chattahoochee Technical College assume a citizen's responsibility to abide by federal, state, and local laws. Violations of statutory laws or of Chattahoochee Technical College student conduct regulations or other Technical College System of Georgia policies, rules and regulations may lead to disciplinary actions by Chattahoochee Technical College. These regulations do not deny any previously guaranteed rights and privileges, but ensure a pleasant educational environment for all Chattahoochee Technical College students.

Technical College students assume an obligation to act in a manner compatible with the fulfillment of the College mission. The Technical College community recognizes its responsibility to provide an atmosphere conducive to growth. With these principles in mind, Chattahoochee Technical College establishes a comprehensive Student Code of Conduct.

The administration reserves the right to maintain a safe and orderly educational environment for students and staff. Therefore, when, in the judgment of college officials, a student's conduct disrupts or threatens to disrupt the college community, appropriate disciplinary action will be taken to restore and protect the atmosphere of collegiality and mutual respect on campus. This procedure is intended to provide an orderly protocol for handling disciplinary cases in accordance with the principles of due process and justice.

### **Proscribed Conduct**

Any student found to have committed the following drug and/or alcohol misconduct is subject to disciplinary sanctions by the college's judicial review committee if the student is found in violation of the following as per the published Student Code of Conduct. In addition, allegations of drug and/or alcohol violations may include investigation and possible prosecution by local, state, or federal laws. The Student Code of Conduct lists the following as violations:

j) Use, possession or distribution of narcotic or other controlled substances except as expressly permitted by law.

k) Use, possession or distribution of alcoholic beverages or public intoxication on Technical College premises or at off-campus activities sponsored by the Technical College.

In addition, no student may engage in the unlawful manufacture, possession, use or distribution of illicit drugs and alcohol on the Technical College's property or as part of any of its sponsored activities.

Such unlawful activity may be considered sufficient grounds for serious punitive action, including immediate suspension and/or expulsion from the College. Disciplinary sanctions for students convicted of a felony offense involving alcohol or the manufacture, distribution, sale, possession or use of marijuana, controlled substances or other illegal or dangerous drugs, shall be considered for immediate suspension and denial of further state and/or federal funds from the date of conviction. Specifically in the case of a drug related offense,

the student shall minimally be suspended for the remainder of the semester and forfeit all academic credit for that period.

#### Possible Penalties and Sanctions

Appropriate action will be taken in all cases in which students, faculty or staff are determined to be in violation of the Drug-Free Schools and Communities Act Amendments of 1984, as implemented by college policy.

Employees (to be filled in by HR):

#### Students

Any alleged violation of the acts, as implemented by this policy, by a student of the College will be reported through appropriate faculty or administrative channels to include campus police. The circumstances surrounding the offense and the facts as determined by appropriate investigation will be fully reviewed prior to a decision on the action taken through the Behavioral Intervention Team and/or Judicial Review Committee. Possible disciplinary sanctions for failure to comply with the provisions of this policy may include one or a combination of the following:

- Warning
- Reprimand
- Probation
- Mandatory participation in and satisfactory completion of a drug/alcohol abuse program, counseling, or rehabilitation program to include completion of AlcoholEdu
- Suspension for up to one year
- Referral for prosecution
- Expulsion
- Other appropriate disciplinary action(s)

The Technical College shall notify the appropriate state/federal funding agency within 10 days after receiving notice of the conviction from the student or otherwise after receiving the actual notice of conviction.

Within 30 days of notification of conviction, the Technical College shall with respect to any student so convicted:

- Take additional appropriate action against such student up to and including expulsion as it deems necessary following investigation and judicial review.
- Provide such student with a descriptions of any local or community drug or alcohol treatment facilities, counseling, rehabilitation, or re-entry programs that are available for such purposes and may be mandated by a federal, state or local health, law enforcement, or other appropriate agency.

The Technical College is responsible for ensuring the development and implementation of a drug free awareness program to inform students of the following:

- The dangers of drug and alcohol abuse on the campus and elsewhere.
- Any available drug and alcohol counseling, rehabilitation, and assistance programs.
- Notification that severe penalties will be imposed upon students for drug and alcohol use and/or abuse violations occurring on campus, off-campus classes or activities sponsored by the college as those violations adversely affect the Technical College community or the pursuit of its objectives.
- Technical College jurisdiction and discipline shall be limited to conduct which occurs on Technical College premises, off-campus classes, activities or functions sponsored by the Technical College, or which adversely affects the Technical College Community and/or the pursuit of its objectives.

Students in a number of classes each term will be required to complete the learning platform, AlcoholEdu, to learn how to make good decisions regarding alcohol consumption. In addition, mandate students seeking counseling or treatment for drug or alcohol use that impairs the success of daily living will also to participate in this learning platform. This learning platform is also available to any interested student as well. The learning objectives of AlcoholEdu include:

- Abstainers will continue to choose not to drink
- Drinkers will more often choose not to drink any alcohol or intentionally limit alcohol intake
- When making the decision to consume alcohol, students will take steps to keep their blood alcohol levels in a safe range by actively monitoring intake and extend time element between drinks
- Students will help protect another person who has had too much to drink from dangerous situations in which his/her judgment has become impaired
- Students will attempt to help a friend who might have a problem with drugs and alcohol to include referral to counseling or treatment program
- Students will make informed decisions to avoid using marijuana and other drugs.

Concerning potential health risks, students should be aware that according to the National Institute of Drug (NIDA), the National Institute of Health (NIH), and other sources, drug and alcohol use might have a wide range of short- and long-term, direct and indirect effects. Even after one use, short-term effects can cause alterations in appetite, the ability to sleep, slower or faster heart rate, dizziness, changes in blood pressure, behavior and mood. Extended use over time or even an isolated incident of overindulgence can cause greater health risks to include heart attack, stroke, seizures, disorders of internal organs, and short-term psychosis. In other cases, extreme use of drugs or alcohol can lead to unintentional overdose and possible death. Long-term use of Drug and Alcohols may include heart and/or lung disease, certain cancers, liver disease, mental illness or mental disorders, hepatitis and other health concerns to include an increased chance of dependency or addiction. In addition, use of drugs and alcohol can impair good decision-making skills, which could lead to the contraction of AIDS, HIV or sexually transmitted diseases due to risk-taking behaviors. The risk for impulsivity, trauma, violence, injury, and risky behaviors may be

enhanced due to impaired judgment. In addition, the use of drugs and alcohol may contribute to short- and long-term changes in brain activity that affects mood, impulsivity, memory, stress, and the ability to learn new material and acquire new skills. This may adversely affect a student's educational success and career opportunities. Even when drug and alcohol use is eliminated or reduced, those changes may become permanent. Last, the use of drugs and alcohol may adversely affect babies born to women who use drugs and alcohol while pregnant or while breastfeeding.

There are several options for the treatment of Drug and Alcohol addiction or abuse to include assessment and evaluation services, intervention services, in-patient and outpatient treatment centers, counseling, CBT and 12-step recovery programs, partial hospitalization options, group therapy, and community support groups. Free individual and group counseling as well as crisis intervention and limited assessment services are offered at Chattahoochee Technical College. In addition, a variety of referrals to outside agencies is available. Students may call 770-975-4152 or email [Counseling@ChattahoocheeTech.edu](mailto:Counseling@ChattahoocheeTech.edu) to make an appointment.

### **Chattahoochee Technical College Events and Activities and Awareness Campaigns**

As a campus community effort, CTC will launch a continuous multi-media campaign on all campus locations to inform students about the use, dangers, long- and short-term effects of drug and alcohol use to include:

- Information on the CTC College Catalog
- Information in the Student Guide
- Drug and alcohol awareness Information and resources on the campus website under Counseling and Student Advocacy
- A print and poster mass media campaign on all campus locations to increase awareness and dispel drinking and drug use myths and misconceptions
- An electronic and social multimedia campaign to increase student knowledge and awareness of drug and alcohol use incorporating "Did You Know?" facts

#### Educational and Resource Fair

In collaboration with Wellness and Recreation and/or Special Populations Services, an annual event that brings in community providers for drug and alcohol prevention and rehabilitation programs.

#### Alcohol Awareness Screening Days

Alcohol assessment screening event using BASICS or another assessment will be utilized on most campus locations annually to gauge student-drinking habits. This type of assessment will help students target potential drinking problems and learn how they might make changes to drinking habits. Students will complete one of two questionnaires with a counselor or counselor intern and receive feedback about

how their drinking habits may impair academic success. Participants may also learn how they might benefit by making changes in their drinking behaviors within social settings and with peers. Follow up sessions, if a drug or alcohol use problem is detected, is encouraged and are meant to be supportive in order to increase a student's motivation to reduce alcohol or drug use to prevent harm.

#### Ongoing Alcohol EDU Learning Platform

AlcoholEdu is an online learning platform to educate and motivate students to use alcohol safely in order to establish a lifelong pattern of moderation in drinking or abstaining and recognize harmful behaviors associated with drinking and drug use. The goal is to educate students in making good decisions regarding alcohol, set limits on the number of drinks, understanding, the amount of alcohol in the standard drink, stop drinking at a predetermined time, and choose to consume less alcohol overall. Students who complete AlcoholEdu are eligible for Eagle Bucks, a reward system through Campus Involvement. Information on participating in this learning platform will be placed on the website.

#### Drug and Alcohol Awareness Booths

During the month of April, designated as Drug and Alcohol Awareness, an information booth will be featured on all campus locations in which assessments, brochures, flyers, promotional items and educational materials may be distributed.

#### Ongoing Drug and Alcohol Material Distribution

Provide literature, brochures, and educational information on all campus locations throughout the year. Informational leaflets on the dangers of drug and alcohol use will incorporate information on counseling services provided on campus.

#### National Smoke Out Day

Consider National Smoke Out Day in November with a promotional event encouraging all students to kick the habit for at least one day

#### Student Awareness Assessment

Participants, during Exam Breakfast sign-in, will complete a short 2-3 question assessment in which they will be surveyed for their knowledge of the CTC drug and alcohol campaign, counseling and referral options for drug and alcohol use, and awareness of student email notification acknowledgement.

“Are you aware that CTC has an ongoing Drug and Alcohol Awareness Campaign through electronic signage, posters, and educational materials on each campus location?”

“Are you aware that CTC sends an email message to students notifying them of the dangers, sanctions, student code of conduct and health impairment associated with drugs and alcohol?”

“Are you aware that CTC has counseling services and referral resources for students who are affected by drug or alcohol use?”