The Role of a Mentee

Who can be a Mentee?

Any student who feel they would benefit from having a mentor to help them adjust to college and acclimate them to Chattahoochee Technical College. Students who are transitioning to college from high school, who have identified challenges and/or obstacles, first generation college students or students, or non-traditional students who feel they may have difficulty successfully navigating college policy and procedure can be good candidates for the Peer Mentor program.

Requirements:

Be a current CTC student or plan to enroll in the summer semester Submit an application to enroll in the program Attend an information session or schedule an appointment to meet with a program coordinator Be open to advisement, coaching, and mentoring to gain experience as a student

Benefits to Mentee

- Acclimate yourself more fully to Chattahoochee Technical College, academic and support services, college and community resources
- Expand your social network
- Develop your leadership skills
- Have available known resource to ask questions
- Make your transition to college smoother
- Increase self-advocate skills

Keys to Success

- Meet your mentor regularly. Do not always wait for your mentor to make contact. The mentoring program is a two-way street
- Get to know your faculty or academic advisor and meet with him/her every term before registration
- Use the Academic Success Center on a recurring and regular basis
- Set short, medium and long term attainable and measureable goals
- Use campus resources such as Career Services
- Participate in Campus Life and college activities

"Peer Mentors make a difference in the life of a new student. Peer Mentees make it happen!"

The Role of a Mentee

- Maintain a positive "can-do" attitude
- Seek and use advice from mentor and academic advisor
- Celebrate progress and communicate concerns with your mentor, parents, faculty or a member of Student Support Services
- Attend all classes even on days where you feel uninspired and unmotivated
- Participate in activities with mentor and other mentees
- Take responsibility to learn about college policy and procedures
- Strive for success
- Reach out to your mentor; let him/her know what's on your mind
- Be aware of program requirements. Get to know your faculty advisor and instructors

- Assume responsibility for your own professional growth and development
- Set goals and take measureable steps to achieve these goals
- Be receptive and internalize changes associated with constructive feedback
- Utilize campus resources and services

Mentee Characteristics

- Be open-minded for suggestions
- Get to know your mentor
- Show an interest in academic achievement
- Accept support, advice, and encouragement from your mentor
- Participate in Peer Mentor program activities
- Make positive adjustments
- Maintain contact with the mentor
- Set reasonable expectations of performance

What do we do as a mentor/mentee team?

- Spend time getting to know one another
- Build a positive relationship
- Maintain awareness and participate in campus life and college events
- Review campus resources and activities on a regular basis
- Attend academic workshops
- Interact with other mentees and peers
- Communicate regularly in person, or through calls, texts and email
- Participate in academic and social activities with mentee(s) to share resources and experiences

Mentee Responsibility Agreement

The Peer Mentor Program provides each student an encouraging and caring mentor, prompts to utilize and engage in academic support services such as the Success Center, library, career services, academic advising, campus and college activities, and a the introduction of possible workshops which focus on developing or enhancing strategies for success.

In addition, these are the responsibilities and expectations of the student mentees. As mentee I agree:

1. To attend all required classes, understand the syllabus, and meet all academic deadlines

2. To contact my mentor to make him/her aware of any obstacles which might hinder academic success.

3. To contact instructors or support staff prior to withdrawing from any class(es).

- 4. To meet with a tutor in the success center when an instructor or mentor recommends tutoring.
- 5. To attend meetings and activities scheduled by the Peer Mentor program.
- 6. To let my mentor know when I am experiencing academic or personal difficulties.
- 7. To be prompt and keep scheduled appointments with my mentor.

8. To participate in program evaluations and follow-up as requested by my mentor or the coordinator of the Peer Mentor Program.

9. I understand that I may request to be assigned a different mentor if my current mentor and I cannot work effectively together as a team.



Be sure to submit an application to get started as a mentor! Questions? Call Cheri Mattox-Carroll at 770-975-4152 or email: <u>Cheri.Mattox-Carroll@chattahoocheetech.edu</u>