

The Veteran Voice

News for Military Service Veterans and Veteran Family Members enrolled at Chattahoochee Technical College

Veterans Recognized at Commencement

There were 30 veterans who were recognized in the 2016 Chattahoochee Technical College Commencement Ceremony on Monday evening, June 6, 2016. These graduates were wearing red, white, and blue honor cords and are:



- | | | |
|----------------------|--------------------------|--------------------|
| Algernon Bonner-USN | Yvensom Gala-USA | |
| Damien Boone-USA | Joseph Grove-USA | David Prentice-USA |
| Anthony Boyer-USN | Antoine Guerrier-USA | Dylan Schwinn-USA |
| Mark Brown-USA | Trent Henry -USA | Darin Shock-USMC |
| Terria Brown-USN | William Jones-USAF | Carolyn Smith-USAF |
| John Burrows-USN | David Martin-USAF | James Walker-USA |
| Cedeno Carter-USA | Brandon Musser-USMC | Melody Young-USA |
| Timothy Champion-USA | Symone Payne-USA | |
| Jo Anne Davis-USAF | Christopher Pearson-USMC | USA—17 |
| Joshua Dennis-USMC | Calvonne Pittman-USA | USN—4 |
| Scott Dodson-USA | Walter Prather-USA | USMC— 4 |
| Carlo Fowler-USA | David Prentice-USA | USAF - 5 |

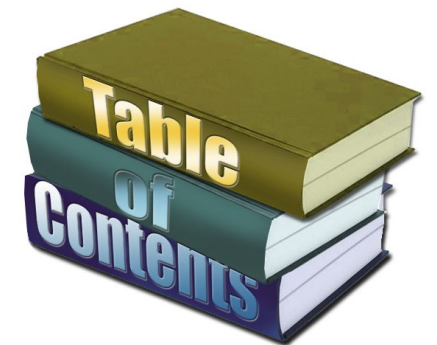
By the Numbers:



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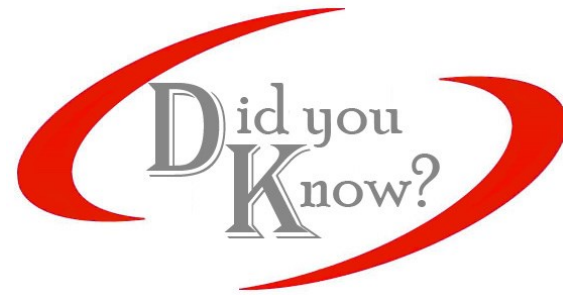
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New email account for veteran services inquiries is:
VeteransServices@ChattahoocheeTech.edu

It is available now!





You Can Cool Down with a Popsicle!

Your Campus Life team will be serving popsicles at the Paulding Campus on Thursday, July 21. Be sure to watch for this and partake of this beat-the-heat-treat!



Fall Semester Registration Continues!!

Register now via Banner Web for Fall Semester 2016. Don't wait and have to settle for courses at times and on dates which don't fit your preference and schedule. If you need assistance, please contact your program advisor. The complete list of program advisors is found on the website at: <http://www.ChattahoocheeTech.edu/academic-advisement-2/> Instructions for Banner Web course registration is available at: <http://www.ChattahoocheeTech.edu/wp-content/uploads/2013/01/How-to-Register-for-Classes1.pdf>.

Do You Qualify for the Pell or HOPE Grant in addition to the use of Veteran Affairs Education Benefits?

If you are in a diploma program, you may qualify for other financial aid programs. It only takes a little effort to find out. Use the information from your 2015 tax form and apply for the PELL and HOPE. The application website is <http://www.fafsa.ed.gov>. The school code for CTC is 005620 for this application. You may also be eligible for the SIWDG, a special state stipend for select diploma programs of study identified as labor shortage areas in Georgia. Apply now—these benefits could be effective in the Fall Semester 2016.

Do You Need Free Health Insurance?

As a summer student, do you need health insurance? No monthly premiums? No co-pay? Free prescriptions? Then keep reading....



- Kaiser Permanent is offering health insurance – coverage until December 31, 2017—if you meet income and other qualifications as an enrolled CTC student for summer! Enrollment in CTC summer term is known as a “triggering event.” You have 55 days from June 6 to apply for insurance; yet the sooner you apply, the sooner you might receive health insurance (excludes dental). *50 slots remain open to CTC students, first-come, first-served!*
- This insurance is available for currently enrolled CTC students who: 1) do not currently have health insurance and no access to affordable health insurance*; 2) meet income requirements below; 3) live in a county served by Kaiser Permanente and 4) between the ages of 18** and 64. You cannot have been previously enrolled in the KP Bridge program. If accepted by Kaiser Permanente, you can receive free or very low cost treatment health insurance until December 31, 2017. No monthly premiums, no co-payments, and no cost for most prescriptions.

*The applicant cannot be enrolled in any other type of health insurance program through spouse, parent, job, Medicaid, Medicare or Peachcare.
- Students must live in the following counties: Bartow, Butts, Cherokee, Clayton, Cobb, Coweta, DeKalb, Douglas, Fayette, Forsyth, Fulton, Gwinnett, Henry, Lamar, Newton, Paulding, Pike, Rockdale, Spalding, and Walton counties
- Please note: *If you are 19 years or younger, you may be eligible for health insurance through your parent's insurance, Peachcare or Medicaid! Check into this first!

To schedule a time to apply for this insurance or to ask questions? Contact Cheri Mattox-Carroll, Phone: 770-975-4152 or email: Cheri.Mattox-Carroll@ChattahoocheeTech.edu

Support for You



You have probably noticed this sign on several office doors, windows, work area, reception desks or other prominent location around the campuses.

For those who may not know, this signifies the location of a CTC Employee who has voluntarily participated in training to learn more about the military culture in order to be more informed about how to better serve you, the military veteran or veteran family members as you begin or continue your education and training at Chattahoochee Technical College!

We have more than 175 employees trained to date who are available at every campus and in every department. Our primary objective is to be there for you, willing to listen if you need it or to help connect you to a very well-deserved service or support source either internal or external to the college.

Additionally there are more than 50 veterans employed at the college—these individuals are also at every campus and as a fellow veteran, understand what you may be experiencing and also are willing and ready to listen and help. These proud veterans wear the veteran flag pin shown here.



The Green Zone Team member or military veteran may be your instructor, campus police officer, at the Student Affairs receptionist, or in any other college department.

The list of both support groups are on our college website:

Green Zone Team: <http://www.ChattahoocheeTech.edu/wp-content/uploads/2016/05/GreenZoneTeamContactListforWebsite-May2016.pdf>

Veteran Employees: <http://www.ChattahoocheeTech.edu/wp-content/uploads/2016/06/VeteransEmployedatCTC-June2016.pdf>

Financial Problems?

Do you have trouble with finances? Could you use financial advice or assistance with planning your budget or your financial future? There is **free** financial coaching available for veterans and veteran family members. Contact:



Seeking employment?

Are you looking for that job while attending college? The Georgia Department of Labor posts a listing of statewide job or career fairs—some are specifically for veterans. See the following website for a complete listing: <http://www.dol.state.ga.us/Access/Service/ListCurrentJobFairs>.

Are you a military spouse having difficulty locating that job? The following website was started by military spouses struggling with the same challenge:

<http://rosiesnetwork.org/>

Another job source with several helpful information sources and links is:

<http://www.gijobs.com/>

Job Fairs

July 2016

Hiring our Heroes

Turner Field—Atlanta

11 AM—2 PM

Join the event featuring a hiring fair, networking opportunity and workshops for veteran job seekers, active duty military members, guard and reserve members, and military spouses. All registered veterans and military spouses are eligible to receive up to two (2) free tickets for them and their families to attend that evening's game between the Braves and the Phillies. Employers and military job seekers register at Hiringourheroes.org



August 2016

Disabled Veterans Virtual Career Fair 10KDAV

August 16, 2016 @ 1 PM - 3 PM

DAV and Veteran Recruiting have teamed up to help at least 10,000 veterans with disabilities find employment, and we would be honored if you could join us in the 10KDAV Virtual Career Fair. From the comfort of home, you will chat with recruiters, view/apply for jobs, and explore a wide range of companies nationwide. This event is open to all veterans who have a disability rating, and we hope you can join us! Login or Register at: <http://veteranrecruiting.com/careerfairs/virtual-career-fair/>

Now hear this.....

You can find very helpful career services material at the following CTC website link:

<http://www.ChattahoocheeTech.edu/career-services/>

This site contains a myriad of valuable information to include assessments, job interview preparation, resume preparation and many other items which you need to know in searching for that job and that career beyond military service.

U.S.A Jobs (civil service employment opportunities) - <https://www.usajobs.gov/>

Mental Health Resources

Mental health is a growing concern on today's college campuses for military veterans and veteran family members. Learn about the various mental health challenges facing college students, the support and counseling resources available to them, and practical measures and coping strategies to help students overcome behavioral, emotional, and psychological obstacles. Here are some very useful websites for your use and reference:

Anxiety and Stress

How to Prevent, Reduce and Cope with Stress:

<http://www.helpguide.org/articles/stress/stress-management.htm>

Learn to Manage Stress:

<http://www.nlm.nih.gov/medlineplus/ency/article/001942.htm>

Stress Management::

http://www.mindtools.com/pages/main/newMN_TCS.htm

Depression

Depression Tool Kit:

<http://www.depressioncenter.org/health-information/depression-toolkit/>

What is Depression? :

<http://www.nimh.nih.gov/health/topics/depression/index.shtml>

National Suicide Prevention Hotline:

<http://www.suicidepreventionlifeline.org/>

Students Against Depression:

<http://studentsagainstdepression.org/>

Alcohol and Drug Abuse and Addiction

Alcohol Screening:

<http://www.alcoholscreening.org/Home.aspx>

Rethinking Drinking: <http://rethinkingdrinking.niaaa.nih.gov/>

Student Statistics on Alcohol Consumption and Abuse: <http://www.collegeparents.org/members/resources/articles/student-statistics-alcohol-consumption-and-abuse>

Other:

Mental Health:

<http://www.mentalhealth.gov/basics/what-is-mental-health/index.html>

Other Resources

T.R.O.O.P.S.

Training Reintegration Outreach & Opportunity Program Services (T.R.O.O.P.S.)

• T.R.O.O.P.S. is exclusively designed to address and meet the employment needs of our country's military veterans, and veterans with families who are at risk of or are currently experiencing homelessness. It is a Homeless Veteran Reintegration Program (HVRP) and is funded by a Department of Labor grant. Through employment-focused initiatives, T.R.O.O.P.S. provides the platform to help meet veteran reintegration needs.

- Enrollment, assessment & orientation
- One-on-one case management
- Active & ongoing employment search and placement assistance
- Employment and career coaching
- Financial literacy and planning workshops
- Vocational training and industry certification programs
- Employment retention incentives and programs
- Leadership opportunities
- Ongoing support & evaluation (30-60-90 day follow-ups)
- Outreach and support at 90-180-270 days post-exit from the program

Contact:

Ft. McPherson Outreach Office: 1701 Hardee Ave, SW, Atlanta, GA 30310—Bldg #129, Room #2C-212, Phone Number: 770-609-0478



Still More Resources:

1. **Marietta Vet Center**—Readjustment Counseling Service

40 Dodd Street, Suite 700

Marietta GA 30060 **Mr. James Adkins, 404-327-4954 or james.adkins@va.gov**



2. **Know your benefits:** Federal Benefits for veterans, dependents and survivors are available on line at : http://www.va.gov/opa/publications/benefits_book.asp

3. **Emory Healthcare Veterans Program** offers post-9/11 veterans expert care that combines behavioral health care including psychiatry and neurology, with rehabilitative medicine, wellness, and family support to help heal the invisible wounds of war. They take a collaborative approach to healing, beginning with a comprehensive assessment conducted by top specialists in the fields of psychiatry, psychology, neurology, rehabilitative medicine, and wellness. Assessment results inform treatment planning and may include: PTSD (Post-Traumatic Stress Disorder), TBI (Traumatic Brain Injury), MST (Military Sexual Trauma (MST), Anxiety, and Depression. This program is open to all post 9-11 veterans regardless of discharge status, deployment history or length of service and is outpatient treatment at this time. This is a **FREE** treatment program.

Contact Mr. Kevin Wince, kevin.wince@emory.edu or 337-255-5539

4. **Veterans Vocational Services (VVS)** - For veterans who want to get or keep a job. Sessions provide information to veterans interested in employment benefits, compensated work therapy, training opportunities, resume writing, job search, job coaching, and much more. Every Tuesday (except holiday weeks) 9 AM—1PM, Building B Reception Desk, Fort McPherson Campus 1701 Hardee Ave SE, Atlanta GA (site of former Fort McPherson) Call 404-321-6111, extension 7442.

Thoughts from a mother of a deployed service member

(by Michelle Apple, Green Zone Team and CTC Staff Member)

Take a deep breath and pick yourself up off the floor

Say a prayer and then get onto all the prayer lists you have access to

Call your own mom, sister, husband/wife, best friend - surround yourself with love and support

Plan a going-away/pre-deployment party (BBQ or other type) for all family to have a chance to have a last great time together and give your soldier great memories to take into the deployment

Start to speak with and organize family and friends about sending mail and care packages

Remember to love on and spend time with others in the family- don't leave out the other children

Turn off news: radio, TV, and internet- You don't need the stress

Save letters and write down conversations of phone calls to reread when you miss your soldier and wish for a phone call or letter

Find favorite pictures of your soldier as a youth or young adult from happy times to place around you to keep those times in mind.

Get a support-the-military type of ribbon or pin to wear and put a military sticker on your car—wear these badges proudly

Allow yourself to cry at the raising of the flag, the singing of the Star Spangled Banner, God Bless America, or even the reciting of the Pledge of Allegiance

Renew your efforts to greet and thank any and all uniformed personnel you meet throughout your day. Add in firefighters and police to the uniformed military you recognize. Know that others are doing the same, and are speaking to YOUR soldier.

Allow yourself to grieve your soldier's absence

Put a count-down timer on your phone or computer to count down to the expected return day

Join a website or service to send you daily uplifting thoughts; share those that touch you

Look for and join your soldier's unit information sharing site. My son's platoon had a page for information, stories, and pictures. Visit it often for updates and schedule changes



To help your family cope during the veterans absence and their reintegration upon returning home:

<http://www.sesamestreetformilitaryfamilies.org/>

http://www.veterantraining.va.gov/parenting/index.asp?utm_source=AdWords.Bing&utm_medium=CPC&utm_content=Parenting&utm_campaign=CO4.14.16

<https://safeamerica.org/veterans>

https://www.veteranscrisisline.net/?utm_source=adcenter&utm_medium=cpc&utm_term=veteran%20support&utm_content=help&utm_campaign=crisis

Veteran Support Returning Combat Veterans' Readjustment Counseling Center

www.va.gov/rccs or toll free 1-877-WAR.VETS (927-8387)



The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.



Quick References

Community College of the Air Force - <http://www.au.af.mil/au/ccaf/transcripts.asp>

Joint Service Transcript (Army, Navy & Marines) - <https://jst.doded.mil/smart/signIn.do> (Please ignore the initial display as it is a trusted site)

National Personnel Records Center - <http://www.archives.gov/st-louis/military-personnel/>

State of Georgia Department of Veterans Service - www.sdvs.georgia.gov

Veterans Affairs Department - <http://www.gibill.va.gov/>

Georgia Department of Labor Veteran Support: rohlf.shaffer@gdol.ga.gov



To Keep You Informed: Veterans Legislative News Links

Non-Commissioned Officer Association:

<http://ncoausa.org/index.php/ncoa-in-the-news/>

Georgia Department of Veteran Services:

<http://veterans.georgia.gov/press-releases>

Department of Veteran Affairs:

<http://www.va.gov/opa/pressrel/>

Veterans of Foreign Wars (VFW):

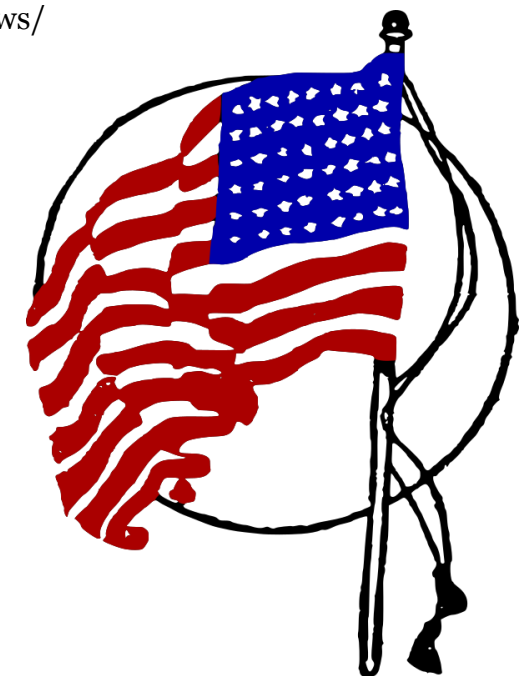
<http://www.vfw.org/News-and-Events/>

The Retired Enlisted Association:

<http://trea.org/>

Air Force Sergeants Association:

<http://www.hqafsa.org/news.html>



Textbook Lending Program

Complete your application online and include your schedule of classes. [Textbook Lending Online Application](#)

Completed applications are sent to: CTCTextbookLending@ChattahoocheeTech.edu

Check your email for application approval and available books to be lent. Codes are not available through the textbook lending program.

Schedule an appointment to pick up your books.

Alternate Campus Pick Up: Please indicate on your application if you wish to pick your book up at Appalachian, Canton, or Paulding campuses.

Calculators are here! If you are registered for an accounting, math, or an allied health class, you are eligible to borrow a calculator. Please indicate your desire to borrow a calculator in the "Requested Books" section of the application.

Application Deadlines:

	Application process opens:	Application process closes:
Fall Semester	July 18, 2016	August 19, 2016

Do you have questions? Contact:

Bernita Akinsipe
Special Populations Specialist
Marietta Campus, C1102-A
980 South Cobb Dr.
Marietta, Georgia 30060
Phone: 770-528-5802
Email: Bernita.Akinsipe@Chattahoochee.Tech.edu



Need Help Paying for College?

**Are you laid-off from your job and receiving unemployment?
Do you qualify as low income?**

The Workforce Innovation and Opportunity Act (WIOA) can provide financial help to pay for college tuition, required books and supplies, and limited support assistance.



To learn if you qualify contact:

Appalachian Campus/Lynn Long	706-253-4617
Cherokee County/Atlanta Regional Commission	706-253-4578
Cobb County/CobbWorks	770-528-4300
North Metro Campus/Lori McAllister	770-975-4026

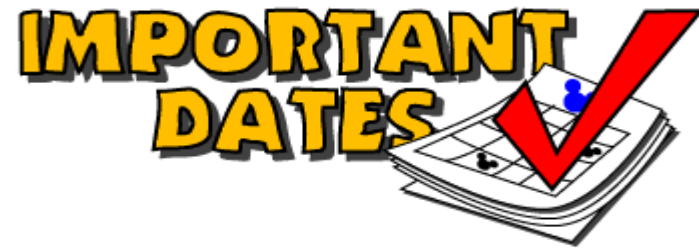
CTC Foundation Scholarships

Generous support from our donors allows the Chattahoochee Tech Foundation to offer student scholarships each year to assist with tuition and fees.



Scholarship recipients are selected after committee review and awards are distributed Fall semester. The Foundation promotes scholarships which are listed at: <http://www.ChattahoocheeTech.edu/scholarships-and-grants/>

Chattahoochee Tech Foundation Scholarships include various scholarships established by our generous donors. Each scholarship has eligibility requirements based on the donor's criteria. Some scholarships have additional criteria (ex: program of study, area of residence, etc.), therefore we request candidates to carefully review all eligibility requirements prior to applying. Scholarship application acceptance will begin again in January 2016. Look for more details to be posted on the website above. Funds will be dispersed the following academic year, starting Fall Semester 2016.



One of the most common issues for students is not maintaining awareness of critical dates and/or deadlines for action which occur throughout each semester. You can keep abreast of all important dates and deadlines by referring to the academic calendar located at the following college website link: [http://www.ChattahoocheeTech.edu /calendar-4/](http://www.ChattahoocheeTech.edu/calendar-4/)

For example for this summer semester:

Last day to withdraw from courses with a “W” : Monday, July 11, 2016 at 12 midnight

Early Fall Registration Payment Deadline: Friday, July 15, 2016 at 12 noon

Summer Semester Final Exams: Tuesday and Wednesday, August 2 and 3

Summer Semester Grades Available on Banner Web: Monday, August 8



**COMING
SOON!**

**Veteran Service Center
Opens for veterans, active duty and
family members
in the
Fall Semester at the
Marietta Campus!
Stay tuned for more details**

Academic Success Centers

Academic Success Centers are located on seven CTC campuses. Tutoring is offered on a first come, first serve basis. Tutoring is a FREE SERVICE to all current CTC students. For more specific questions about a center, please contact the specific center listed below. Directions to our campuses are available on the CTC website at www.ChattahoocheeTech.edu.

Appalachian Campus Building 200, Room 215 Sandra Hughes Wooldridge

Sandra.Wooldridge@ChattahoocheeTech.edu

706-253-4519

Mon - Thurs: 8 AM - 5 PM with Tutors Fri and Sat: Closed

Canton Campus Room A106 Sabrina Nation

Sabrina.Nation@ChattahoocheeTech.edu

770-720-3596

Mon - Thurs: 9 AM - 6 PM with Tutors Fri and Sat: Closed

Marietta Campus Building D, Room D2203 Paula Gronemeyer

Paula.Gronemeyer@ChattahoocheeTech.edu

770-528-4588

Mon - Thurs: 9 AM - 7 PM with Tutors Fri: 9 AM - 2 PM with Tutors Sat: Closed

Mountain View Campus Room 233 R. Diane Busse

RDiane.Busse@ChattahoocheeTech.edu

770-509-6346

Mon - Thurs: 7:30 AM - 6 PM with Tutors Fri and Sat: Closed

North Metro Campus Building A Room A133 Gregory Matthews

Gregory.Matthews@ChattahoocheeTech.edu

770-975-4243

Mon - Thurs: 9 AM - 7 PM with Tutors Fri: 9 AM - 2 PM with Tutors Sat: Closed (Summer Semester Only)

Paulding Campus Building C Steven Spurgeon

Steven.Spurgeon@ChattahoocheeTech.edu

770-443-7948

Mon - Thurs: 8 AM - 7 PM with Tutors Fri: 8 AM - 12 noon without Tutors Sat: Closed

Woodstock Campus Room A100 Kim Proulx

Kim.Proulx@ChattahoocheeTech.edu

770-720-6685

Mon - Thurs: 9 AM - 6 PM with Tutors Fri: 9 AM - 12 noon without Tutors Sat: Closed



You can tell your story in a future *Veteran Voice* newsletter, if you have a story to tell as a veteran or veteran family member. How did you decide to join the military? Tell us about the veteran you have in your family. What was your role in supporting your veteran? What were interesting events during your military service? How did you transition from the military to Chattahoochee Technical College?

Please send your “news” to Barry Munday at Barry.Munday@ChattahoocheeTech.edu. You may send suggestions for future article topics about issues of interest to you. This newsletter is for you!

Writing is an excellent way to express your thoughts and feelings. Some consider it great therapy. You could be the next one “in our spotlight” in a future edition of the newsletter.



Do you have other questions?

General questions: <http://www.ChattahoocheeTech.edu/ask-swoop/>



Campus Life and Student Clubs or Organizations

<http://www.ChattahoocheeTech.edu/services/student-clubs-and-organizations>

Campus Police Call 770-529-2311 (any campus)

Career Services

<http://www.ChattahoocheeTech.edu/services/career-services>

Counseling

<http://www.ChattahoocheeTech.edu/services/counseling-and-support-services>

Disability Services

<http://www.ChattahoocheeTech.edu/services/disability-services/>

Financial Aid

<http://www.ChattahoocheeTech.edu/enrollment/student-financial-services/financial-aid-office>

Special Populations

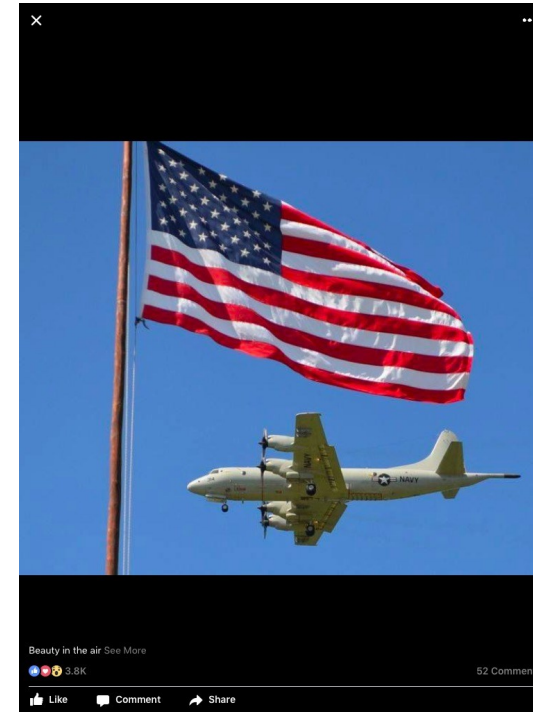
<http://www.ChattahoocheeTech.edu/services/special-populations-services/>

Veterans Education Benefits -Veterans Certifying Official

Leroysha.Kemp-Carmichael@ChattahoocheeTech.edu

Veterans Service Coordinator

Barry Munday, VeteranServices@ChattahoocheeTech.edu



We are forever indebted to those who have given their lives that we might be free

—President Ronald Reagan, 1983



Any questions about this newsletter, please contact Dr. Barry Munday, Veteran Service Coordinator, barry.munday@ChattahoocheeTech.edu or 770-443-3612



Chattahoochee Technical College - A Unit of the Technical College System of Georgia.

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