



Chattahoochee
TECHNICAL COLLEGE

SPRING 2014 PLAN TO PROSPER WORKSHOP SERIES:

Topics will discuss stress management and coping with challenges!

Presented By: Gina Barthelemy-Morton M.Ed, LPC, NCC
Health Sciences Counselor

Date	Session Topic	Campus	Room	Time
Monday, February 10th	Stress Relief	Marietta Campus	B101	2:00-3:00pm
Tuesday, February 18th	Stress Relief	Appalachian Campus	206	11:30-12:30pm
Thursday, February 20th	Stress Relief	Marietta Campus	B142	12:00-1:00pm
Tuesday, February 25th	Stress Relief	North Metro Campus	F137	12:00-1:00pm
Monday, March 10th	Wearing Many Hats?	Appalachian Campus	206	12:00-1:00pm
Tuesday, March 11th	Stress Relief	North Metro Campus	F203	2:30-3:30pm
Wednesday, March 12th	Wearing Many Hats?	Marietta Campus	B120	1:00-2:00pm
Monday, March 17th	Wearing Many Hats?	North Metro Campus	F223	12:30-1:30pm
Thursday, March 27th	Stress Relief	Marietta Campus	B120	1:00-2:00pm
Wednesday, April 16th	Stress Relief	North Metro Campus	F223	12:30-1:30pm
Tuesday, April 22nd	Stress Relief	Appalachian Campus	206	12:00-1:00pm



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For more information please call, **770-975-4102** or email, health.sciences@chattahoocheetech.edu