



## *Plan to Prosper Workshop Series*

### **Topic: Manage Your Stress**

*Presented by: Gina Barthelemy-Morton, M.Ed., LPC, NCC,  
Health Sciences Counselor*

Date	Campus	Room	Time
Thursday, October 10 <sup>th</sup>	Marietta Campus	B120	11:30am
Thursday, October 31 <sup>st</sup>	Marietta Campus	B120	11:30am
Thursday, November 14 <sup>th</sup>	Marietta Campus	B120	1:00pm
Monday, October 14 <sup>th</sup>	North Metro Campus	F203	3:30pm
Thursday, October 24 <sup>th</sup>	North Metro Campus	205	Noon
November 12 <sup>th</sup>	North Metro Campus	F204	Noon
Monday, October 21 <sup>st</sup>	Appalachian Campus	318	11:30am
Tuesday, November 5 <sup>th</sup>	Appalachian Campus	318	11:30am

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For more information please call, **770-975-4102** or email, [health.sciences@chattahoocheetech.edu](mailto:health.sciences@chattahoocheetech.edu)